



## BIRTHDAY CELEBRATIONS

Dear Parents/Guardians,

Birthdays are very special at Walden Green Montessori. We honor each child for another year of life with a small, celebratory ceremony. A wonderful Montessori tradition invites the birthday child to present a small gift to his/her class in lieu of a snack. Some suggestions may include a favorite book, a music CD, a piece of sports equipment (for recess), or a plant for the classroom. In addition, children are encouraged to bring in a photo of themselves from a younger age (and possibly share/talk about the picture). The photo will be displayed for a few days so that the class will have a chance to look at it more closely.

If you would like to bring a birthday snack to school, we request that you respect Walden Green's stance on sugary, processed food (as noted in our school handbook). Cut up fruit, cheese and crackers, or muffins are an appropriate choice. **No cupcakes, birthday cakes, doughnuts, candy, or ice cream please.** If you would like to bring a snack, please let us know so we can schedule a time for that day. We typically pass out birthday snacks at the end of the day. Please bring enough for your child's class. However, parents of children with food allergies should provide alternative birthday snacks at the beginning of the year (if they so choose).

Celebrating all the years your child has been on this earth is the focus of our birthday celebration ceremony, the snack and the class gift is completely optional.

We look forward to sharing this special time with your child.

Sincerely,

*Walden Green Montessori*

